

## MASCULINOS

ACTUALIZADO : 30-10-2015

Marca Mínima para entrar no Ranking

2.40.00

## MARATONA

NOME	ANO	CLUBE	MARCA	LOCAL	DATA	RECORD PESSOAL		OBSERVAÇÕES	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	
						2013 / 2014	2012 / 2013		2011 / 2012	2010 / 2011	2009 / 2010	2008 / 2009	2007 / 2008	2006 / 2007	2005 / 2006			
<a href="#">RUI PEDRO SILVA</a>	81	SLB	2.13.54	PORTO	02-11-14													
<a href="#">HERMANO FERREIRA</a>	82	SCP	2.15.53	LONDRES ( GBR )	26-04-15	2.12.15	2012		2.13.11									
<a href="#">JOSÉ MOREIRA</a>	80	SLB	2.17.46	PRAGA ( CZE )	03-05-15	2.13.37	2010											
<a href="#">TIAGO A. SILVA</a>	86	ADRAP	2.20.19	HAMBURGO ( GER )	26-04-15	2.19.31	2014		2.16.19									
<a href="#">JORGE VARELA</a>	80	CASJ	2.22.01	LISBOA	18-10-15				2.19.31									
<a href="#">CARLOS COSTA</a>	86	CDSSC	2.23.41	PORTO	02-11-14													
<a href="#">MIGUEL QUARESMA</a>	83	IFC	2.23.53	PARIS ( FRA )	12-04-15													
<a href="#">CARLOS FREITAS</a>	84	RCT	2.24.02	HAMBURGO ( GER )	26-04-15													
<a href="#">BRUNO FRAGA</a>	77	GDRR	2.24.21	BADAJOZ ( ESP )	22-03-15				2.23.58									
<a href="#">LUIS FEITEIRA</a>	73	SCP	2.25.23	SÃO PAULO ( BRA )	17-05-15	2.11.57	2009		2.32.39									
<a href="#">HEITOR OLIVEIRA</a>	82	CYCL	2.25.25	PORTO	02-11-14													
<a href="#">CARLOS MIGUEL DA SILVA</a>	83	GDRR	2.27.10	LISBOA	18-10-15				2.24.29									
<a href="#">VITOR BARBOSA</a>	69	GDRRET	2.27.20	PORTO	02-11-14													
<a href="#">AUGUSTO COSTA</a>	69	AMONT	2.28.01	SEVILHA ( ESP )	22-02-15				2.36.51				2.29.52					
<a href="#">JORGE RAFAEL OLIVEIRA</a>	80	IND	2.28.48	BERLIM ( GER )	27-09-15				2.31.57									
<a href="#">BRUNO PAIXÃO</a>	84	CUAB	2.29.03	BADAJOZ ( ESP )	22-03-15													
<a href="#">NÉLSON CRUZ</a>	77	CPPEA	2.29.19	NOVA IORQUE ( USA )	02-11-14	2.17.39	2006											
<a href="#">RICARDO ESPADA</a>		VILAB	2.30.18	AMSTERDÃO ( NED )	18-10-15													
<a href="#">PAULO SOARES</a>	75	CDASJ	2.30.42	LISBOA	18-10-15													
<a href="#">TELMO SILVA</a>	78	ATIBA	2.31.35	PORTO	02-11-14				2.28.44									
<a href="#">ANTÓNIO MOREIRA</a>	87	ADERC	2.31.40	BADAJOZ ( ESP )	22-03-15													
<a href="#">NUNO ROMÃO</a>	73	GDRR	2.31.42	BADAJOZ ( ESP )	22-03-15	2.32.11	2007		2.36.07									
<a href="#">JOSÉ PIRES</a>	87	DVV	2.32.25	PORTO	02-11-14													
<a href="#">JORGE CRUZ</a>	65	ROLY	2.32.35	HAMBURGO ( GER )	26-04-15				2.33.46									
<a href="#">JOSÉ GASPÁR</a>	77		2.32.42	NOVA IORQUE ( USA )	02-11-14													
<a href="#">EUSÉBIO ROSA</a>	68	IFC	2.33.01	LYON ( FRA )	16-08-15	2.21.44	2004		2.36.42									
<a href="#">PAULO J. PEREIRA</a>	76	EABARR	2.33.41	BADAJOZ ( ESP )	22-03-15				2.31.32									
<a href="#">ARMANDO MONTEIRO</a>	74	UAP	2.34.31	SEVILHA ( ESP )	22-02-15				2.32.40									
<a href="#">EZEQUIEL LOBO</a>	74	BVM	2.34.33	SEVILHA ( ESP )	22-02-15													
<a href="#">FLÁVIO FERNANDES</a>	79	CASJ	2.35.04	LISBOA	18-10-15													
<a href="#">MÁRIO CARREIRA</a>		PTRUN	2.35.12	BERLIM ( GER )	27-09-15				2.36.08									
<a href="#">MIGUEL GONÇALVES</a>		ADRAP	2.35.19	SEVILHA ( ESP )	22-02-15													
<a href="#">PEDRO MAIA</a>		GDRR	2.35.24	BADAJOZ ( ESP )	22-03-15				2.36.24									
<a href="#">VITOR CORDEIRO</a>	64	ACP	2.35.27	BADAJOZ ( ESP )	22-03-15	2.16.06	2003											
<a href="#">MÁRIO CASSACA</a>	72	GDRR	2.35.41	BADAJOZ ( ESP )	22-03-15				2.37.30									
<a href="#">JOÃO SÁ</a>		CAFUN	2.35.42	PORTO	02-11-14													
<a href="#">BALTÁZAR SOUSA</a>	69	BFC	2.36.01	PORTO	02-11-14	2.24.45	2006		2.38.28									
<a href="#">CARLOS FERREIRA</a>			2.36.15	LONDRES ( GBR )	26-04-15													
<a href="#">ANDRÉ CASTRO</a>		ADCPN	2.36.54	FRANKFURT ( GER )	25-10-15													
<a href="#">JORGE AIRES</a>	74	EABARR	2.36.58	BADAJOZ ( ESP )	22-03-15				2.34.26									
<a href="#">ULISSES LOPES</a>	64	CPTBC	2.37.16	PORTO	02-11-14				2.34.23									
<a href="#">VASCO BATISTA</a>		EAROS	2.38.18	PORTO	02-11-14													
<a href="#">CARLOS CARDOSO</a>			2.38.22	NOVA IORQUE ( USA )	02-11-14													
<a href="#">ADELINO FERNANDES</a>		CYCL	2.38.32	PORTO	02-11-14													
<a href="#">GABRIEL MACCHI</a>		GCAD	2.38.35	BERLIM ( GER )	27-09-15													
<a href="#">MÁRIO OLIVEIRA</a>		IND	2.38.37	PORTO	02-11-14													
<a href="#">JOÃO PAULO FERREIRA</a>	76	GARMIN	2.38.50	PORTO	02-11-14				2.36.45									
<a href="#">MARCOS MELLO</a>	70	ATIBA	2.39.15	PORTO	02-11-14				2.34.31									
<a href="#">PAULO PAIVA</a>		GDCCP	2.39.16	PORTO	02-11-14													
<a href="#">AMÉRICO CALDEIRA</a>			2.39.22	LISBOA	18-10-15													
<a href="#">MARCOS BERNARDO</a>	80	NAVR	2.39.36	PORTO	02-11-14													
<a href="#">FILIPE COUTINHO</a>		IND	2.39.39	PORTO	02-11-14													
<a href="#">CARLOS LOPES</a>		IND	2.39.45	PORTO	02-11-14													
<a href="#">LUIS GIL</a>		GAIA TRAIL	2.39.52	PORTO	02-11-14													